

WESTSIDE HIGH SCHOOL FOOTBALL

The Rules and Procedures

General Requirements

All athletes must meet all requirements of the UIL for previous eligibility, current scholastic eligibility, physical forms, rule acknowledgement forms and athletic policy and procedure form. Which will be kept on file with the Athletic Dept.

Discipline

Student conduct may be stricter for student athletes than that specified by the Student Code of Conduct. Misconduct by athletes, which occurs at times when the student athlete is under the coach's supervision, or is specifically stated below will be subject to the disciplinary provisions of the athletic department and may be subject to the provisions of the Student Code of Conduct. Misconduct by athletes, which occurs at times when the athlete is on school property or at a school related activity and the athlete is not under the coaches supervision will be subject to the Student Code of Conduct. The Athletic Director and Principal will review misconducts that violate both the athletic policy and the Student Code of Conduct.

Student-Athletic Insurance

Student insurance is provided by the school district for all sponsored activities. Additional student insurance is available to parents/guardians wishing to purchase.

Practice Uniforms

All athletes will wear school issued practice uniforms during workouts.

Dress and Hair Requirements

In addition to normal school requirements for dress and appearance, all athletes should have neat haircuts and be clean in order to practice or participate in any sport. NO jewelry will be acceptable during practice time, AP time or game time.

Improper Language

Cursing is not acceptable and each coach of the particular individual will take disciplinary action as deemed proper.

Returning Equipment

All equipment has a price and will be returned. If this procedure is not met the student may be dismissed for further athletic participation or other privileges may be taken away.

Travel

The school provides travel to and from athletic events away from home. Participation athlete's are expected to use the transportation both to and from the event, and any deviation from this procedure should be cleared with the coach and principal in writing. A parent or guardian may only clear the student.

Theft

Student athletes engaging in theft will be subject to dismissal for one calendar year. The student athlete may also be subject to sanctions outlined in the Student Code of Conduct depending on the surrounding the offense. Prosecution is an option.

Quitting

If a student quits, during a sport or off-season, without any prior notice to the coach, the student will be out of athletics for the remainder of the school year. To be reinstated, they must meet with the A.D. and head coach of that sport. All athletes will go through one semester of off-season before being reinstated. Including seniors. A student will be given four consecutive days at the beginning of each season to decide whether they would like to continue in that sport without consequences. Move in students will be under consideration by the A.D.

Detrimental Substances

Tobacco, alcohol, and drugs have no place in the life of an athlete and will not be tolerated. Disciplinary actions for the use and possession of substances on school grounds and at non-school activities will be taken in accordance to the substantiality of proof. Disciplinary actions for the use and or possession of substances at school activities will be taken in addition to discipline mandated by the school administration as follows:

First offense: the athlete must do 20 miles in 10 consecutive days. The athlete will be put on Contract then for possible dismissal. The athlete will be suspended from competition until workouts are completed.

Second offense: the athlete will be suspended for the remainder of the semester.

If consumption or usage occurred during school events, students will be subject to state and local chapter 37 guidelines in regard to AEP and the Discipline Committee may decide on additional punishment.

Grades

Grades will be enforced at all times. They will be checked at progress time and any time we feel needed. If an athlete has consistent problems with grades the parent will be contacted and a possible contract will be drawn up for possible removal at the end of the semester. The athlete will also be under consideration for mandatory study hall if expectations are not met in the classroom. Athletics is an HONORS CLASS!!!

Study Hall

Study Hall will be enforced on Thursday mornings from 7:45-9:00. If this is missed there will be disciplinary action taken. This may be from physical to suspension from a game.

Practice and Attendance Policy

1. If you are going to be late or absent from practice or if you need to leave early, inform your coach in advance.
2. All athletes who miss all or part of a practice session will be required to do make-up work, unless it is due to another school activity. Doing make-up work will keep you from getting behind in conditioning. Tutorial work after school is also grounds for make-up work, it is not punishment.
3. Make-up work will be done at the end of practice attended after the absence or at the end of practice when late. If the athlete has more make-up than can be done in a single session, then the make-up may be spread over several sessions. In order to participate in a contest all make-up work will be finished.

Playing Time

Varsity level - We will play, as many players as we feel are ready to compete and put us in a position to win. There are no guarantees at this level. The best players will be on the field.

J.V. level - Everyone will get in the game, providing they have been to all practices. Equal playing time will be tried to be maintained.

Freshman level - same as above.

I accept this agreement as morally binding and will honor each item in this agreement.

Athlete's signature _____

Parent signature _____

Thank you for the support of **THE PROGRAM.**

Mark Byrd
Head Football