

Lamar High School

Freshman Dance/Drill Team Program

If you are curious about the Lamar High School Rangerettes and are an incoming Freshman, this is the perfect program for you!

It all began with the 2007-2008 school year, when any interested Freshmen had the opportunity to experience being a Rangerette without such a large time and financial commitment. The first year was a giant success, and we are looking forward to watching the program grow with its second year.

INFORMATION:

The Freshmen in this program are known as “RITS”, or “Rangerettes In Training”. These dancers would not be official Rangerettes, but will be enrolled in the Rangerette class and participate fully. During class, the RITS will work on technique, skills, and choreography with the Rangerettes.

The RIT program provides a fantastic way for freshmen to learn the “ins” and “outs” of being a Rangerette. This will help future Rangerettes learn basic technique, how to perform, how to march, the Rangerette traditions, and so on but without jumping in 100%. RITS will become very aware of what all goes into being a Rangerette—the discipline, having peer leadership, and the time commitment. This team will essentially be run like a Junior Varsity drill team.

TIME COMMITMENT

SUMMER

The RITS will not attend summer line camp with the Rangerettes. They will not need to attend any summer practices, unless they would like to come observe. The 2 weeks before school starts are Rangerette Work Weeks, and RITS will be required to come to those. It is during Work Weeks that we work on the school fight song, how to march, how to enter and exit the stands at games, stand routines, technique, flexibility, and strength.

FOOTBALL SEASON

The RITS will be required to attend all football games, and sit behind the Rangerettes in the stands. They will do all stand routines, and will also dance 1-2 halftime performances with the Rangerettes. They will attend all pep rallies with the Rangerettes, and perform at 1. During this season, the RITS will not be required to attend before or after-school practices, unless it is the week of their performances. In this case, they will practice every morning at 7:30, and afterschool from 4-6. (Practice schedules may change.)

COMPETITION SEASON

The RITS will not dance at competition. They will not be required to attend extra practices, unless they wish to. However, they will be required to attend the competitions with the Rangerettes in order for them to see what a competition is like, to support the

Rangerettes, and see other teams and styles. The RITS do have the option to compete with solos and ensembles, which is highly encouraged!

BASKETBALL SEASON

The RITS might perform at 1 basketball game, as the Rangerettes use these games to practice performing their competition routines. When the RITS perform, the Rangerettes would be in full attendance to show support of their future members.

SPRING SHOW

The RITS will perform in the annual Spring Show. They will fundraise to purchase a costume to wear for their performance.

TRY OUTS

Try outs for the following year's Rangerettes take place in April or May. RITS interested in being a Rangerette will be required to audition. If a RIT does not wish to be a Rangerette, she will not be able to be a RIT again. Any RIT who is not selected to be a Rangerette is also ineligible to be a RIT for a second year. However, she may apply to be a manager for the team.

COST OF BEING A RIT

Because this is only a 1 year commitment, every effort is made to keep costs at a minimum. Every item purchased, with the exception of 1-2 items, will be used if the dancer continues on as a Rangerette. The approximate cost for items necessary for a RIT is approximately \$400-450. Once again, every effort is made to keep these costs at a minimum, and these items will be used in Rangerettes as well.

The RITS will be expected to participate in 1 fundraiser a semester. These fundraisers help provide things for the RITS such as professional music editing, choreography that might be done by outside people, costumes, and so on.

If you would like any further information, please feel free to contact Sara Wilson at 713-522-5960 ext 406. You can also contact Mrs. Wilson through email at swilso11@houstonisd.org.

Keep viewing the Rangerette link on the Lamar High School webpage for further information, the Rangerette Constitution, and an application to be a RIT.
(<http://hs.houstonisd.org/lamarhs/HomePages/rangerette/rangerette.htm>)